



LCDR Rachel McBride, MS, RDN/LD, CDCES

Board Position: Field Representative

LCDR Rachel McBride serves as a Program Management Officer in FDA's Office of Emergency Response, supporting operational coordination, evaluation, and after-action reviews of incidents involving FDA-regulated products based out of Salt Lake City. Previously, she served as Executive Officer for Recovery Operations in ASPR and as an instructional officer at Commissioned Corps Headquarters. LCDR McBride began her federal service as a Registered Dietitian on the Navajo Nation.

She has deployed extensively, supporting federal recovery operations following hurricanes, severe storms, and wildfires across North Carolina, Florida, Georgia, California, Hawaii, and Guam, as well as CCHQ missions including the COVID-19 Grand Princess Cruise Ship Quarantine and Operation Artemis unaccompanied minor mission.

LCDR McBride holds an MS in Nutrition from Northern Illinois University and completed the Army's Command and General Staff Office Course (CGSOC) and the University of Maryland Global Health Certificate as COA's Rear Admiral Michael Fellow.

In addition to her operational and clinical experience, she has been an active contributor to the Commissioned Officers Association, serving as Vice President of the Grand Canyon COA Branch, strengthening her commitment to officer engagement and professional development across the Corps. She resides in Park City, Utah, where she enjoys outdoor activities with her spouse and two dogs.